

We are excited for you to get here!

any colored paper needs to be signed and returned, white paper is yours to keep and reference

In order to be prepared for your SUMMER adventure, be sure to read the following information carefully. Please pack all items in duffel bag or backpack. Be sure to label **ALL items** clearly using name tags, labels, or marker.

Daily arrival/departure Times:

Monday's check-in is from 9:00 AM to 12:00 noon (Please do not arrive before 9:00).

Tuesday through Friday, please bring your camper to the dining hall no later than 8:30 AM for breakfast and check-in with their cabin leader. Campers need to be picked up by 5:00 pm at the Lodge porch each day.

If you have any questions call (276) 328-6876 or 1-800-359-4049.

Camp Store:

Camp Bethel has a gift/snack store which sells candy, snacks, cameras, drinks, souvenirs, and clothing. For Jamboree and Junior weeks, campers are not allowed to carry cash and must put their money into a "store account" at check-in. Teen week campers have the option of putting money into a store account as well. Any left over store money will be mailed back to you.

Pictures:

Camp Bethel will once again be offering picture/media CDs. You can pre-order using the order form enclosed or during registration.

What to Bring/wear:

* Bible, pencil or pen, and notebook

* Sunscreen, bug repellent, hat/cap, sunglasses

* Guys & Girls: Tennis shoes or well fitting sandals

Not permitted: excessively frayed, torn jeans, fishnet tops, tops with inappropriate tears or holes, and heavy chains. Clothing with vulgar remarks and/or pictures, those which promote alcohol or tobacco products, acts of violence, sexual connotations or secular bands are restricted.

Girls: Please bring modest one piece swimsuit, and shorts that have about a 5-inch inseam. Remember, you will be involved in many different games and activities. ***If you are doing the ropes course the harness will draw your shorts up 2-3 inches.*** Tank tops need to be 3 inches at shoulder seam, NO spaghetti straps, bare midriff, bra straps showing, or low cut tops. Camp staff does have permission to ask you to cover up or change if you do not abide by these requests.

* Money for snacks and souvenirs (see camp store information)

* Camera (we sell disposables in the store)

*****Marked clothing and items left behind can be returned at owner's expense. You must notify us within 14 days if you wish your items to be returned. Camp Bethel is not responsible for lost or stolen items.*****

What NOT to Bring:

Please do NOT bring **CELL PHONES**, radio/CD/MP3/IPOD, handheld games, valuables, food, gum, alcoholic beverages, tobacco products, illegal drugs, firearms, fireworks, tasers, silly string, shaving cream for pranks, or anything that would deface Camp Bethel. If you wish to use any media items mentioned on your trip, please turn them in to Camp Bethel staff on arrival. Thank you!

Prescription and Over-The-Counter Medication(s):

If your child will be taking prescription medication at camp, please send it in the **ORIGINAL prescription container** with the **CORRECT dispensing information!** If the dosage or times have changed, please have your physician or pharmacist correct the label. Medication will be dispensed according to the instructions. The chance for error is much too great if this is done. Any and all medications, including vitamins are to be checked in with the nurse or Camp Bethel staff at registration.

CAMP BETHEL HEALTH CARE CENTER:

Our Health Care Center supplies many over-the-counter (OTC) medications. We prefer that campers not have ANY medication in the cabins. If he or she needs OTC medications such as Tylenol, ibuprofen, Benadryl (capsules, liquid, chew, gel), anti-diarrhea medication, Sudafed, etc., the camp nurse or Camp Bethel staff will administer them. Please indicate on the Camp Bethel Information & Medical form if we have your permission to administer these medications if needed. If you have questions about your child's specific needs, please call the office in advance. (276-328-6876).

Campfire:

Your family is invited to return to camp and join us on Friday about 7:30 p.m. for the campfire/candlelight service. Please **do not** arrive earlier than 7:00 p.m.

Homesickness and child sickness:

Through experience, we have found that children tend to become “homesick” after calling home. We have also found that parents become “child sick” when sending their child to camp. We ask you to discuss this with your child. Encourage your child to make it through camp without calling home. Tell them they are brave and they can make it. Please remember, if the camper decides to go home after having stayed for the first meal, no portion of your fee will be refunded.

Classes:

This summer, we will have the **camper choose classes on Monday** after they get registered. The cabin leaders will take time to go over the class descriptions & sign up.

See you soon!!